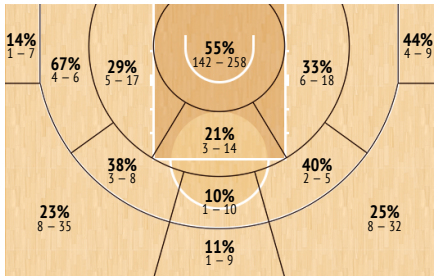
Ilaria Bernardi

Shirt number	15
Citizenship	
Date of birth	
Age	
Height	cm
Weight	kg
Active hand	Right
Position	

SEASON SHOOTING CHART



Statistics

	25/26	24/25
Games played	37	30
InStat Index	211.1	193.4
Minutes *	28:02	29:49
Points	15.43	12.33
Points per player's possession	0.87	0.82
Field goals made	5.08	4.2
Field goals, %	43.7%	44.2%
3-pt field goals made	0.59	0.9
3-pt field goals, %	23.9%	38.6%
Free throws made	4.68	3.03
Free throws, %	68.4%	55.8%
Rebounds	5.57	5.17
Offensive rebounds	1.14	0.93
Defensive rebounds	4.43	4.23
Assists *	2.62	2.6
Turnovers	3.16	3.2
Steals	1.57	0.97
Blocks	0.24	0.2
Fouls	1.7	2.37

Skills

Fouls drawn in offense ★	**96**
Drives	95
Pick'n'rolls handler	91
Transition playing	91
Clutch plays	90
Defensive rebounding	88
Off screen defending	87
Assisting	86
Off screen shooting	86
3pt shots defending	85
PnR defending	84
Steals	78
Cuts shooting	77
Shooting mid-range	74
Drives defending	72
Catch and shooting	70

Career

	Games played	Minutes *	Points	Rebounds	Assists *	Turnovers
2025 / 2026 Italy U20, Valdarno	37	28	15.4	5.6	2.6	3.2
2024 / 2025 Italy U20, Giussano	30	30	12.3	5.2	2.6	3.2
2023 / 2024 Italy U20, Basket Costa	39	20	6.4	2.9	1.9	1.8
2022 / 2023 Italy U18, Basket Costa	35	16	4.2	2	1.3	1.4
2021 / 2022 Italy U18, Basket Costa	16	10	2.3	1.1	0.3	0.4
2020 / 2021 Basket Costa	2	1	0	0	0	0

Last 20 games

		InStat Index	Minutes *	Points	Field goals, %		2-pt field goals, %		3-pt field goals, %		Free throws, %		Rebounds	Offensive rebounds	Defensive rebounds	Assists *	Steals	Turnovers	Fouls	Blocks	Plus/Minus	Assists to turnovers *	Steals to turnovers	True shooting percentage	Effective field goal percentage
	On average	**217**	**30:15**	**16**	**5.4 / 13**	**43%**	**4.6 / 9**	**49%**	**0.80 / 3.3**	**24%**	**4.8 / 7**	**74%**	**5.9**	**1.20**	**4.7**	**2.8**	**1.90**	**3.1**	**2.0**	**0.25**	**-1.75**	**1.22**	**0.82**	**51%**	**44%**
	17.05.26 Basket Costa **95–81** Valdarno	235	38:55	20	7 / 15	47%	4 / 9	44%	3 / 6	50%	3 / 5	60%	8	2	6	6	3	6	3	1	-16	1	1	58%	57%
●	13.05.26 Valdarno **87–73** Basket Costa	236	36:52	30	10 / 27	37%	6 / 18	33%	4 / 9	44%	6 / 6	100%	5	2	3	4	2	3	3	–	23	1	1	51%	44%
	09.05.26 Basket Costa **95–72** Valdarno	202	25:46	10	3 / 14	21%	3 / 8	38%	0 / 6	–	4 / 6	67%	9	1	8	3	1	4	2	–	-44	1	–	30%	21%
●	02.05.26 Valdarno **69–64** Matelica	215	34:26	6	1 / 10	10%	1 / 6	17%	0 / 4	–	4 / 6	67%	6	–	6	5	2	4	1	1	-2	1	1	24%	10%
●	25.04.26 Valdarno **54–51** Matelica	222	32:44	11	4 / 15	27%	3 / 11	27%	1 / 4	25%	2 / 2	100%	7	1	6	2	–	3	1	1	4	1	–	35%	30%
●	18.04.26 Valdarno **67–60** Ragusa	220	37:46	13	5 / 14	36%	5 / 13	38%	0 / 1	–	3 / 7	43%	10	2	8	2	2	5	2	–	5	–	–	38%	36%
	15.04.26 Ragusa **65–58** Valdarno	211	35:30	11	3 / 11	27%	2 / 4	50%	1 / 7	14%	4 / 6	67%	5	1	4	3	3	4	2	–	-15	1	1	40%	32%
●	11.04.26 Valdarno **74–73** Ragusa	225	31:44	26	9 / 13	69%	7 / 10	70%	2 / 3	67%	6 / 6	100%	–	–	–	2	2	2	3	–	-4	1	1	83%	77%
	03.04.26 Giussano **77–70** Valdarno	217	36:26	23	8 / 13	62%	6 / 7	86%	2 / 6	33%	5 / 8	63%	6	–	6	4	2	1	3	–	-4	4	2	70%	69%
●	28.03.26 Valdarno **95–74** Basket Costa	231	37:29	40	15 / 21	71%	13 / 17	76%	2 / 4	50%	8 / 11	73%	5	1	4	7	3	2	4	–	20	4	2	77%	76%
●	25.03.26 Valdarno **82–69** Virtus Cagliari	204	21:06	11	2 / 7	29%	2 / 5	40%	0 / 2	–	7 / 10	70%	1	–	1	1	1	3	3	–	-5	–	–	48%	29%
●	22.03.26 Valdarno **75–72** Moncalieri	207	29:59	9	2 / 7	29%	2 / 6	33%	0 / 1	–	5 / 8	63%	4	1	3	3	–	3	1	–	-3	1	–	43%	29%
●	07.03.26 Valdarno **79–68** VIT	217	24:59	10	3 / 8	38%	3 / 6	50%	0 / 2	–	4 / 6	67%	15	4	11	3	1	1	1	–	5	3	1	47%	38%
	01.03.26 Milano Basket **76–75** Valda	210	25:40	15	5 / 11	45%	5 / 9	56%	0 / 2	–	5 / 5	100%	7	1	6	–	–	3	–	–	-5	–	–	57%	45%
	21.02.26 Livorno **75–61** Valdarno	210	30:22	12	5 / 14	36%	5 / 13	38%	0 / 1	–	2 / 3	67%	3	1	2	1	4	3	1	2	-24	–	1	39%	36%
	14.02.26 USE **69–65** Valdarno	217	26:27	19	6 / 11	55%	6 / 10	60%	0 / 1	–	7 / 9	78%	5	1	4	2	2	3	2	–	2	1	1	64%	55%
●	07.02.26 Valdarno **59–57** Torino	215	23:50	14	4 / 10	40%	3 / 7	43%	1 / 3	33%	5 / 6	83%	7	2	5	1	4	4	1	–	4	–	1	55%	45%
●	31.01.26 Valdarno **105–59** Salerno	227	20:20	24	8 / 9	89%	8 / 9	89%	–		8 / 10	80%	4	2	2	3	4	1	–	–	18	3	4	90%	89%
	17.01.26 Sanga Milano **74–68** Valdarno	204	31:34	8	2 / 12	17%	2 / 9	22%	0 / 3	–	4 / 6	67%	6	–	6	2	–	3	4	–	–	1	–	27%	17%
●	10.01.26 Valdarno **70–48** Selargius	212	23:08	13	5 / 12	42%	5 / 11	45%	0 / 1	–	3 / 4	75%	4	2	2	2	2	4	3	–	6	1	1	47%	42%